

Guidelines for the Reflective Practice Written Submission

The written statement has a recommended total word count covering the following:

Knowledge and understanding

- Describe how you work with clients with reference to the theory / theories that underpin your practice
- Describe how your understanding of theory has been influenced by your experience of client work

Maximum recommended word count = 1400 words in total

Practice & Supervision

- Provide case material to demonstrate:
- How your practice is consistent with your knowledge and understanding of theory
- How your practice demonstrates your awareness of issues of difference and diversity
- How you make use of the NCS Code of Ethical Practice.
- Describe the awareness you have gained through reflection in and on supervision
- Show how you apply that awareness in your practice

Maximum recommended word count = 3,000 words in total

Self-awareness

- Describe an experience or an activity which has contributed to your own self-awareness
- Provide a reason(s) for choosing the experience or activity
- Show how you use this self-awareness in your practice

Maximum recommended word count = 900 words in total

Continuing Professional Development (CPD)

- Describe one CPD activity that you have undertaken in the 12 months
- Explain why you chose this activity and how it has influenced your practice

Maximum recommended word count = 900 words in total