Welcome to the National Hypnotherapy Society

www.nationalhypnotherapysociety.org
"I have been a member since 2018. What I love about being part of the Society is the community. The National Hypnotherapy Society are so good at keeping everyone updated, and informed. They also offer fantastic CPD and are consistent in driving the Society forward all the time, offering members even more benefits."

Christy Rush (MHS)
Welcome to the National Hypnotherapy Society

We are a learned Society whose primary purpose is the advancement of the knowledge of hypnotherapy and the fostering of professional hypnotherapy expertise through training, Accreditation, and continued professional development of our members.

We seek to contribute to the public wellbeing both through the use of hypnotherapy and by ensuring that hypnotherapists are safe, competent and ethical in practice.

We're a non-profit professional association and hold an Accredited Register of hypnotherapists, recognised by the Professional Standards Authority (PSA).

We have a unique ethos. We're member led, which means that our members have a say in the fundamentals of policy, including direct referendums on key issues.

Our members are our expertise - so, instead of a top-down, dictatorial approach we learn from our members' experience and ensure that all members have a voice. In addition, we form a wide variety of partnerships and working relationships with organisations that can help us grow and become better at what we do. We get our members involved in helping us make the changes we need. It's a virtuous circle - the more members that participate, the more we grow, and the more in turn we can support them.

Our belief is that hypnotherapy is not best seen as a complementary therapy, but rather, taken seriously as a psychological therapy alongside counselling and psychotherapy. We support and promote not only hypnotherapy, but also hypnotherapists, offering a wide variety of benefits to our
members and training providers. We also play a role in ensuring that the best interests of the clients of hypnotherapy are protected. We acknowledge that we have a duty of care to the public.

We acknowledge and encourage the diversity, creativity, and range of training options that currently exist in our profession.

We seek to involve, encourage, and work in partnership with our members at all levels - we believe this is the only appropriate way of running a hypnotherapy organisation.

We treat members as individuals and work hard to ensure that we retain a personal touch with members, even as we continue to grow at a rapid pace. Our application processes are straightforward and sensible, designed to assess whether you're safe, competent, and ethical to practice. We want to support you in your practice and professional development, in whatever form that takes.

We attract many members who work solely as hypnotherapists, as well as those who are utilising hypnotherapy as part of a wider approach. Many of our members choose to belong to us as their sole professional body, and some choose to belong to us as well as another body in order to support our ethos and the way we view hypnotherapy as a valuable talking therapy.

Please read on and see the many benefits you could gain from being an HS member. We'd love to welcome you to our friendly and professional organisation. We invite you to join your voice to ours.

"All my dealings both as a student and a registrant with the National Hypnotherapy Society has only ever been supportive, helpful, and a pleasure. Prompt replies always via email, and friendly, professional, yet personable whenever I phoned with enquiries. Highly recommended."

Lin Debarr (MHS)
Reasons to Join

HS membership gives you a wide range of benefits, such as those listed below. You're welcome to contact us at any time to discuss becoming a member.

▷ Friendly and Helpful Membership Services Team
   Our Membership Services team is available via phone or email five days a week to assist with any queries regarding membership.

▷ Monthly Members' E-Magazine
   All members receive an electronic magazine via email each month. Members are encouraged to contribute articles and share news.

▷ 'Find a Hypnotherapist' Listing
   All Registrants have a customisable, individual listing on the website which members of the public can search.

▷ CPD Workshops/Courses
   As a benefit to our members, we produce an annual calendar of CPD workshops run by a variety of trainers whose courses have been Quality Checked by the Society.

▷ Dedicated Members' Area
   All members have access to the Members' Area which is full of relevant and useful information for hypnotherapists.

▷ Use of the Society Logo and Literature
   Registrants are eligible and encouraged to use the Society logo and the Accredited Register Quality Mark logo. All members also have access to pens, leaflets, brochures and posters to share with their networks.

▷ Useful Resources
   The HS actively produces useful documents and resources for members' use, such as private practice guidance,

▷ Various Discounts
   Members can receive discounts from various organisations such as Crunch, Routledge, PCCS Books, Insurance Providers and more.
We hold an Accredited Register

The Accredited Register (AR) programme was set up by the Department of Health, and is administered by the Professional Standards Authority (PSA) who are an independent body, accountable to parliament.

Hypnotherapists on our register, also known as Registrants, (i.e. our Registrants, Accredited, and Fellow members), will be able to display the AR quality mark, as a sign that they belong to a Register which meets the PSA's rigorous standards.

The programme was created to ensure that the public are able to choose safe, ethical and competent professionals for their health and social care needs. The programme provides assurance on the standards of Accredited Registers, and is the best way to promote quality within the field of hypnotherapy. Clients of hypnotherapists should now only choose a practitioner who belongs to a Register which has been vetted and approved by the PSA.

Accreditation means that The National Hypnotherapy Society has met the PSA's demanding standards in the following areas:

- Governance
- Setting standards
- Education and training
- Managing the Register
- Providing information
- Complaints

"We are very pleased to accredit the HS' Register of Hypnotherapists. Bringing hypnotherapy professionals into a broad framework of assurance is good for patients, service users and the public and is the best way to promote quality. The programme offers enhanced consumer protection to anyone looking for hypnotherapy services, and gives Hypnotherapists the opportunity to demonstrate their commitment."

Professional Standards Authority
A Thorough and Holistic Approach to Membership

We believe that membership of a professional association is essential as it gives confirmation of your professional standing to both your peers and clients - and gives you a voice in the future of our profession.

The many benefits of belonging to an Accredited Register like the HS:

"I employ practitioners. The AR mark is a sign of quality."

"I'm looking for health services. The AR mark helps me choose."

"I'm a practitioner. The AR mark is recognition of my commitment to high standards"

"I commission services. The AR mark is the sign of quality practitioners."

In recognition of the professional journey of a hypnotherapist we offer the following levels of membership, with a Society member being either a Registrant or Non-Registrant. Registrants are listed on the Society’s Accredited Register. If a practitioner does not meet the requirement for Registration, Non-Registrant membership may be offered.
Registrant membership grades

Registrant (MHS)
A practitioner who has met the standards for registration.

Accredited (MHS Accred)
A practitioner who has met the standards for Registrant membership, and has further experience.

Fellow (FHS)
A practitioner who has met the requirements for Accredited Registrant membership and has significant further professional experience which has made a notable contribution to the profession.

Non-Registrant membership grades

Student
A non-registrant member who is on a training course to become a hypnotherapist.

Honorary Fellow (HonFHS)
This special award may be given to those who have made a significant contribution to the Society or the profession of hypnotherapy.

Member
A non-registrant member who wishes to maintain an association with the Society unconnected with professional practice.

Full details of membership grades can be found on our website.
What Our Members Say

The HS is proud to have members ranging from students and newly qualified hypnotherapists, to nationally well-known, experienced and senior practitioners. We enjoy welcoming members from a wide variety of modalities, training routes and experiential paths. We aspire to be not just a professional body, but a professional home. And we acknowledge that our members are our expertise.

'An ethical, progressive, professional body'

"Being a member of The National Hypnotherapy Society shows the public and potential clients that I'm a qualified professional who adheres to a code of ethics and takes client safety seriously. The Society provides monthly updates with their Hypnotherapy Today e-magazine, which is always informative and adds benefit to the membership experience. The programme of CPD is diverse, reasonably priced, and helps members to add to their skills and knowledge throughout the year. Being a member of The National Hypnotherapy Society has helped me to grow in my career as a therapist, with a fantastic team on hand to help with any enquiries or support that is needed. I feel that I am a member of an ethical, progressive, professional body suited to a modern hypnotherapist."

Daniel Browne (MHS Accred and HS Ambassador)

'I love receiving the Hypnotherapy Today publication'

“Being a Registered Hypnotherapist with The National Hypnotherapy Society provides me with CPD courses, advice on setting up a private practice, and many other benefits. I love receiving the Hypnotherapy Today publication, and I can always access back issues if I need to. The Society has always been supportive, especially during Lockdown when we weren't seeing clients face to face, their advice was invaluable.”

Christine Church (MHS)
'There's always someone at the end of the phone'

"Thank you to all at The National Hypnotherapy Society for excellent support since I began my career in 2015. I'm updated regularly with CPD courses, often on new thinking and ground-breaking ideas in my profession. CPD Sessions are also useful networking opportunities. Being a Therapist is wholly fulfilling, but it can be a very singular career, so these courses not only keep me informed, they underpin confidence and create an opportunity to meet other professionals. Also, I've very much appreciated being able to talk to someone at the Society whenever I need advice. There's always someone at the end of the phone to answer questions and give guidance. A rare service these days."

Susan Barber (MHS)

'I'm grateful to be a member'

"I am a newly qualified registrant and have felt very supported by the Society. The CPD invitations have been relevant, and I have benefitted greatly from them via zoom. The monthly magazine has been invaluable. I am just about to launch my business and am grateful to be a member."

Hilary Richardson (MHS)

'I feel part of a larger community of hypnotherapists'

"I have been a member of the National Hypnotherapy Society for over 10 years. Membership for me has meant that even though I work in private practice, I've felt part of a larger community of hypnotherapists."

Christy Roxburgh (MHS)

'I would encourage any hypnotherapist to join'

"I have found The National Hypnotherapy Society very easy to contact and very helpful. The members' profiles are very straightforward and allows each therapist the chance to really express what they can offer in a user-friendly way. I'm very pleased to be a member and I would encourage any therapist to join."

Terri Emmerson (MHS)
Other types of membership

**Training Provider**
The HS accredits courses that meet our Training Standards and provide core practitioner training in hypnotherapy, equipping graduates to work with adult clients who present with a range of commonly encountered issues. This training would be based on in-the-room, as opposed to online, tuition. We also recognise other courses and can offer Quality Checked recognition for individual workshops, shorter foundation courses or distance learning courses, or Advanced Specialist training status for courses that are intended to support qualified hypnotherapy practitioners to develop their knowledge and training in specialised areas of work.

**Organisational Membership**
The HS recognises the importance of supporting a variety of organisations in the key role they have to play within the development of our profession.

Types of organisations with whom we work include:

- Awarding bodies
- Membership organisations
- Charities/voluntary organisations
Training Course Recognition

Part of the role of the HS is to provide guidance, support and encouragement for training providers. We believe that when a course achieves recognition it gives confirmation of professional standing to both peers and students, and partnership with the HS gives training providers a voice in the future of our profession.

We offer three types of training course recognition: Accredited, Advanced Specialist and Quality Checked. Applying for training recognition is a straightforward process and we offer support to training providers from beginning to end. Below are some testimonials from some of our recognised Training Providers.

The College of Cognitive Behavioural Therapies (CCBT)

"We are delighted that part of our training programme is Accredited by The National Hypnotherapy Society whose governance has been assessed by the PSA. The Accreditation process was very professional and of a high standard. Everyone that we have worked with has been friendly, helpful, and organised. We have had and continue to have a positive collaboration. The National Hypnotherapy Society and its team of excellent staff are proactive in promoting good practice as well as keeping its organisational, training provider, and individual members up to date with relevant news. They also offer a broad mix of interesting CPD events throughout the year. Our students and graduates provide us with excellent feedback about their experiences with The National Hypnotherapy Society. They feel they have joined a Society that supports them and provides a high-quality service."
EMDR Centre London

"Being a member of the National Hypnotherapy Society as an EMDR training provider is a win-win-situation for me as a training institution, and for my training participants who are members of this high-quality Society. Not only because my EMDR training courses have Quality Checked training recognition with The National Hypnotherapy Society, but participants will also benefit in multiple ways; they will automatically get CPD hours, and have all support and guidance needed for their professional development. It feels reassuring to have such a great partner at my side."

HSOH School of Hypnotherapy

"The National Hypnotherapy Society’s Register was the first hypnotherapy register to be Accredited by The Professional Standards Authority, which shows the commitment that the Society have to our profession. During our application, we had regular contact with the team making the process simple. Once our Diploma course had been approved, we were given the opportunity to write an article to be included in the monthly newsletter which is emailed out to all their members – introducing the Hampshire School to members. The National Hypnotherapy Society keep all of their members up to date with CPD training, offering their members discounts, and the noticeboard is a great place to provide further training to members."
Organisational Membership

The National Hypnotherapy Society recognises the importance of supporting a variety of organisations in the key role they have to play within the development of our profession.

We welcome enquiries from organisations who wish to support our work, display our logo and agree to abide by our Code of Ethics.

Organisational membership allows you to belong to the wider community of hypnotherapists and ensures that you are aware of the different issues that affect our profession.

Types of organisations with whom we work include:

Awarding Bodies
We are happy to work with awarding bodies who provide qualifications in hypnotherapy. We can assess qualifications which are at an appropriate Ofqual level and may be able to provide holders of such qualifications a more straightforward route to our Register. We currently have such an arrangement with AIM Awards.

Membership organisations
We are happy to talk to organisations which run their own accreditation schemes for hypnotherapists. We welcome applications from charities, voluntary groups, agencies, clinics and not for profit organisations as well as commercial organisations.

Trusted Resource
If you run, for example, a library of hypnotherapy related resources for hypnotherapists then do get in touch with us, as we may be able to offer you Trusted Resource recognition. It can be applied to resources such as short, one-off lectures, journal article/reference libraries, guest speaker events etc. There are a few other requirements, so if you're interested in looking into this please do get in touch with us!
"I have been a member of The National Hypnotherapy Society since 2016. I find the monthly magazine particularly helpful with a lot of professional development courses and the latest up to date information. The membership certificate gives clients the peace of mind that their therapist is part of a reputable organisation."

Jenia Jeleva (MHS)
Connect with us today!

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