**NCS Reflective Practice criteria**

The written statement has a recommended total word count covering the following:

**Knowledge and understanding**

Describe how you work with clients with reference to the theory / theories that underpin your practice

Describe how your understanding of theory has been influenced by your experience of client work

**Maximum recommended word count = 1400 words in total**

**Practice & Supervision**

Provide case material and demonstrate:

How your practice is consistent with your knowledge and understanding of theory

How your practice demonstrates your awareness of issues of difference and diversity

How you make use of the NCS Code of Ethical Practice.

Describe the awareness you have gained through reflection in and on supervision

Show how you apply that awareness in your practice

**Maximum recommended word count = 3,000 words in total**

**Self-awareness**

Describe an experience or an activity which has contributed to your own self-awareness

Provide a reason(s) for choosing the experience or activity

Show how you use this self-awareness in your practice

**Maximum recommended word count = 900 words in total**

**Continuing Professional Development (CPD)**

Describe one CPD activity that you have undertaken in the 12 months before applying for MNCS(Prof Accred)

Explain why you chose this activity and how it has influenced your practice

**Maximum recommended word count = 900 words in total**